

# VILLAGE VOICE

BRINKLEY.....BURROUGH GREEN.....CARLTON.....WESTLEY WATERLESS

APRIL 2020

As official advice is changing regularly on Coronavirus, if you intend on going to an advertised event please do contact the organiser in case it has been cancelled.

## ANNUAL MAINTENANCE DAY ST. AUGUSTINE'S CHURCH, Burrough Green

SATURDAY 4<sup>th</sup> April from 10.00 am



If you are able to offer an hour or two of your time to help with the annual cleaning and maintenance of St Augustine's we'd be very grateful. It's good fun and we always have time for tea and biscuits and some homemade soup for lunch. Do join us and help preserve this wonderful historic building and churchyard. Thank you.



Contact Church warden: Lucy Talbot: 01638 507060

## BRINKLEY CHURCHYARD

### MAINTENANCE DAY

Please can you spare an hour or two on Saturday 4<sup>th</sup> April from 10am - 12 noon to help with a bit of tidying in Brinkley Churchyard. All help is much appreciated. Please bring your own tools.



Thank you

## MOBILE LIBRARY



The Mobile Library will be at BRINKLEY Memorial Hall on the 1<sup>st</sup> Tuesday of each month between 3.00 - 4.00pm: 7<sup>th</sup> April.

BURROUGH GREEN by the BUS STOP on 4<sup>th</sup> Wednesday of each month at 3.50 - 4.10pm: 22<sup>nd</sup> April.



## OPEN GARDENS Thank you

Many thanks to all who supported the Open Garden for NGS at The Old Rectory in Brinkley, and the refreshments in Brinkley Memorial Hall on 1<sup>st</sup> March. All the cakes and gifts donated were much appreciated and raised £286 for Brinkley Church funds.

## KNIT & NATTER - CANCELLED FOR THE FORSEEABLE FUTURE

Every Monday 1:30 to 3 pm in the community room at Sheriffs Court (off Church Lane) Burrough Green. Come and have a knit or a natter or both, just turn up. There is a small charge for refreshments.



## BRINKLEY FETE 2020

To all our friends and helpers in the past 4 years, we would like to inform you that due to the coronavirus in our country, and the indefinite period of time that this will affect us all, it is impossible to organise the village fete.

Therefore, we have taken the decision now to cancel the Brinkley Fete 2020. We are disappointed that friends and our community will not get together this year. However, we wish you all and your families good health, and be healthy for the rest of the year.

Ros & Martin

## AUCTION SALE - BRINKLEY - 2<sup>nd</sup> May

The auction has been indefinitely postponed. We are hoping to hold this in the autumn.

Enquiries please to John Robertson on 01638 507484  
Ros Pates on 01638 507240  
Or Trish Bull on 01638 507495

IN AID OF ST MARY'S CHURCH, BRINKLEY

## RECYCLING - check council websites for changes

Carlton & Willingham Green - Mondays :

Black bin - Monday 6<sup>th</sup>, Tuesday 21<sup>st</sup>

Blue & Green - Wednesday 15<sup>th</sup>, Monday 27<sup>th</sup>

Brinkley, Burrough Green, Westley Waterless - Thursdays :

Black sacks weekly. Thursday 2<sup>nd</sup>, Wednesday 8<sup>th</sup>, Friday 17<sup>th</sup>, Thursday 23<sup>rd</sup>, Thursday 30<sup>th</sup>.

Blue Lid - Thursday 2<sup>nd</sup>, Friday 17<sup>th</sup>, Thursday 30<sup>th</sup>.  
Green Lid - Wednesday 8<sup>th</sup>, Thursday 23<sup>rd</sup>.

**Ink Cartridges** The Opportunity Group which meets at the Ellesmere Centre would be very grateful for your old ink cartridges to help with fund raising. Please drop them in the box on the gate at White Hart Cottage, High Street Brinkley or in the box at the Ellesmere Centre. Thank you.

(The Opportunity Group provides one to one care for children with special needs and their siblings, also provides respite for their parents/guardians.)

## SCRABBLE and MAHJONG

April's meeting has been cancelled

**WHAT'S ON AT THE RED LION  
BRINKLEY**

**01638 508707**



By the time you see this, we'll have much more information on our website about what we have been working on this past few weeks.

[www.redlionbrinkley.co.uk](http://www.redlionbrinkley.co.uk) We also post on [www.facebook.com/RedLionBrinkley](https://www.facebook.com/RedLionBrinkley) If you want to join our mailing list, email our personal account [gywynamdmorris@gmail.com](mailto:gywynamdmorris@gmail.com) or call us on 01638 508707

For weeks we have been preparing for when 125,000 UK businesses were inevitably closed. That happened on March 20<sup>th</sup>, will probably followed by many more businesses closing soon and there's the possibility of a local lockdown. We are closed - there can be no coffee morning or anything else happening until further notice.

Of course, we can provide a takeout delivery service and how that happens, and our daily changing menu is on our website. We'd be incredibly grateful if that was used because of need or just because you want to support our business in the coming months. We'll be set up to produce cheaper oven cook-at-home fresh and frozen meals for your family by the time you read this.

We've been more focused lately on our list of things that we can maybe do for you or someone you know, which is only going to grow and expand as the weeks go by and new difficulties arise we all have to deal with. By the time you read this we'll be able to receive prescriptions either for collection from us or drop-off to your house. Go to our website.

We have a network of customers that live in and around the area in place to help you, and it is growing. We've bought some more equipment in case we need it and must try to bake bread in any sort of quantity, for example. If we need to turn our big room into a little grocery store at some point - we're working on it. If you know an elderly person that cannot get out and may soon have almost no social contact, someone has offered to sing to them from their front garden, so they know they're not forgotten.

We will do anything we can for anyone in the area. What you can do for us - If you read this and do not use the internet - contact us and tell us who and where you are. If you are elderly and do not have a local support network - call us for anything and we'll find someone to help you if you haven't already had an offer of help from someone in your area, or we'll make time to do it ourselves. As the COVID-19 situation continues to unravel and we put new things in place, we will gladly print and drop that information through your letterbox for you too.

If you know of any groups, FB pages, individual initiatives we may not already be connected with and should be, please send an email with that information. We have had offers of financial donations already. If anyone would like to donate a small amount of money that we can turn into food or care packages for elderly people in the area, we will without hesitation accept your generosity and make the very best use of it that we can for you over the coming weeks.

*Gwyn & Morris*

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**BRINKLEY MEMORIAL HALL**

If you wish to hire the hall, please contact  
Susie Shuter on 01638 508729

The charges to hire the Memorial Hall are £8.00 per hour for VV cluster and £11.00/ hour for outside. We cater for one off parties and Groups looking for a venue. The Hall can cater for 80 people.

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**WOULD YOU LIKE TO PLAY BRIDGE?**

There is a small group of people in Burrough Green and the neighbouring villages who enjoy playing bridge.  They regularly meet and play in Burrough Green at a cost of £2 per evening with refreshments. We are a friendly group and do not take the game too seriously. We would like to invite a few more local bridge players (or local people who would like to learn to play) to join our group. If you are interested in finding out more please e mail Kathie on [k.f.butcher@btinternet.com](mailto:k.f.butcher@btinternet.com) or call 07923 526555. Please leave a message if I am not available and I will return your call.

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**ELLESMERE ARTS**

Presents

**HI-DE-HI**

Thursday, 4<sup>th</sup> June 7.30 pm

Friday, 5<sup>th</sup> June 7.30 pm

Saturday, 6<sup>th</sup> June 7.30 pm

Tickets £9.00

Available from: [ellesmereartstickets@gmail.com](mailto:ellesmereartstickets@gmail.com)

and Stetchworth Post Office from 1<sup>st</sup> March

BAR

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**HI-DE-HI**

Due to the Covid-19 Coronavirus pandemic, we are postponing performances in June to October 2020. Further information in the next Newsletter. We hope to see you then.

*Ellesmere Arts*

**IMPORTANT INFORMATION FOR CARLTON CUM WILLINGHAM RESIDENTS**

We would like to set up a **village WhatsApp group** as soon as possible. The purpose of this is to have a quick and easy method of letting the village know about information and alerts and to share useful, relevant information. This is particularly important at present in view of restrictions we'll all be faced with over the coming months. We aim to enable to help those most in need of assistance by putting them in contact with other residents who can help.

Additionally, having a WhatsApp group will make it easier for those residents wishing to contact others to inform them that something is going on and upload photos more easily, and at the touch of a button. It gives freedom for those in the village to share things without having to go through a group email. This type of system has been set up in neighbouring villages and works really well. If you would like to join the village WhatsApp group **please send an email to Stephen (at the address below) with your consent and your mobile telephone number and name** and we will add you to the group which we are hoping to get started as soon as possible. The scheme is going to be managed by Polly Fenwick who will contact you by text about joining the group.

If you have any questions, then please do not hesitate to ask Stephen. His email address is: **[stephen.roberts28@btopenworld.com](mailto:stephen.roberts28@btopenworld.com)**

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**SELF ISOLATING due to Coronavirus**

Burrough Green, Brinkley & Westley Waterless has a **COMMUNITY PHONE** scheme you can ring or text if you need help with:

- Picking basic groceries up
- Collecting medicines
- Posting mail
- Or just a friendly chat!

**Burrough Green Tel: 07715574296**  
**Brinkley Tel: 07843099655**  
**Westley Waterless Tel: 07908622292 / 07970582184 / 07803955557**

Please use this service when you need it. If the phone goes to voicemail, please leave a message and someone will get back to you ASAP. The Coordinator will then pass your request to a volunteer via WhatsApp.  
If anyone would like to volunteer to help, please text: **07715574296**.

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**ELLESMERE CENTRE**

The safety of everyone who either works at, or visits the Ellesmere Centre is of paramount importance and as an organisation we stand firm in our support of all efforts to combat the COVID-19 Coronavirus pandemic.

In light of the advice to the public, issued by the Government on Monday 16<sup>th</sup> March, it is with regret that I announce that **The Ellesmere Centre will be closed, as of 14.00hrs, Wednesday 18<sup>th</sup> March**, until further notice.

We absolutely support the Government's advice regarding the importance of social distancing. Therefore, **in the interest of community wellbeing and the protection of our employees** we ask all users of the Centre to understand this unprecedented situation and our responsibility to respond to medical advice. We will aim to update you as soon as possible through our website and social media.

Telephone enquiries will divert to staff members at home. We thank you in advance for your patience and understanding that this situation may take weeks to resolve and, for the moment, it may not be possible to confirm future bookings.

This unfortunate crisis calls for a time to cautiously take care of each other, while trying to ensure the risk of transmitting infection to those most vulnerable is minimised. Those include many members of the local communities that we serve, as well as our dedicated staff.

We look forward to informing you when the Centre will be reopened for normal operations.

On behalf of staff and trustees of the Centre I thank you for your understanding.

Roy Swain  
Chair, Board of Trustees

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**CATHOLIC SERVICES**  
**NEWMARKET & KIRTLING.**

Mass Times		
Saturday	6.00pm	Newmarket
Sunday	9.00am	Kirtling
	10.30am	Newmarket
Holy Days	9.00am	Newmarket
	12noon	Kirtling
	7.30pm	Newmarket

Our Lady with St. Etheldreda, Exeter Road, Newmarket

Our Lady & St Philip Neri, Kirtling

**Main Address:** 14 Exeter Road, Newmarket, CB8 8LT. **Telephone:** 01638 662492

**Email:** [office@olise.co.uk](mailto:office@olise.co.uk)

Brinkley contact, John Conti 01638 508304

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**CAMBRIDGESHIRE FIRE & RESCUE SERVICE**

**Register your appliances**

Cambridgeshire Fire & Rescue Service is encouraging residents to register their appliances for a safer home in 2020.

All you have to do is visit [registermyappliance.org.uk](http://registermyappliance.org.uk), and register large appliances bought in the last 12 years.

Registering your appliances can instantly improve safety in the home. It ensures that householders can be contacted swiftly if a safety repair is ever needed or if an item is recalled by the manufacturer, helping to prevent the risk of fire.

With many households relying on appliances every day to handle essential chores, chill food and cook for their families, this quick task can give you peace of mind.

**Book a Safe and Well visit**

Did you know we offer free home safety visits to those who are most vulnerable in our community?

Our visits cover fire safety in the home, falls prevention, staying well and warm and crime reduction.

Call 0800 917 9994 or visit:

[www.cambsfire.gov.uk/safeandwell](http://www.cambsfire.gov.uk/safeandwell) to find out more and book a visit or make a referral.

**Get the call - become an on-call firefighter**

Cambridgeshire Fire and Rescue Service is looking to recruit more on-call firefighters to help serve local communities across the county.

CFRS is looking for men and women from all backgrounds to become on-call firefighters and provide emergency cover from either their home or their workplace.

On-call firefighters are a vital part of our Service and community. They respond to a wide range of incidents, from fighting fires, attending road traffic collisions, animal rescues to supporting other emergency services. In addition to responding to emergency incidents, our on-call firefighters support their communities by providing information and advice on a range of community safety topics.

They receive an annual wage to reflect the time they commit to being available plus additional payments for attending incidents and drill nights (one evening a week for two hours).

It's a hugely rewarding role, and we hope to encourage members of the community from all backgrounds to get in touch and find out more about becoming an on-call firefighter.

Visit [www.cambsfire.gov.uk/oncall](http://www.cambsfire.gov.uk/oncall) for more information.

For more information log on to [www.cambsfire.gov.uk](http://www.cambsfire.gov.uk), follow us on social media or call 01480 444500.

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**BURROUGH GREEN READING ROOM.**

We are licensed to cater for 100 people and are available on various days of the week.

The charges are £8.00 per hour for village and £10.00 for outside.

To hire the Reading Room,

Please contact Joanne Harrison on 01638 508888

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**Ellesmere Garden Club News**

Regretfully we have cancelled our April meeting, "Growing for Showing". We will be monitoring the ongoing pandemic situation and let you know when we will be able to meet again.

If you have any questions about our events or the club in general, just give Sandie a call on 07903 584676.

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**BURROUGH GREEN PARISH COUNCIL**

**PARISH COUNCIL MEETINGS CANCELLED UNTIL FURTHER NOTICE:**

Following on from the Government's announcement on Monday 16 March, together with the guidance from Public Health England and West Suffolk Council and NALC, in relation to COVID-19, the Council has made the decision to postpone all meetings until further notice.

Once further guidance is received from Central Government & NALC we will be in a better position to advise how the Parish Council will hold meetings and carry out its statutory duties. Details will follow regarding the Annual Parish Meeting and the Annual Parish Council meeting in May. Apologies for any inconvenience.

<p><b>SELF ISOLATING due to Coronavirus</b></p> <p>Burrough Green has a <b>COMMUNITY PHONE</b> you can ring or text if you need help with:</p> <ul style="list-style-type: none"> <li>• Picking basic groceries up</li> <li>• Collecting medicines</li> <li>• Posting mail</li> <li>• Or just a friendly chat!</li> </ul> <p><b>07726581484</b></p>
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**Burrough Green Parish Council are looking for new Councillors:**

We currently have one vacancy.

**HOW TO APPLY:**

Please send your application in writing/email to The Clerk, 3 Scott Avenue, Mildenhall, Suffolk IP28 7LT or [clerk.bgpc@ymail.com](mailto:clerk.bgpc@ymail.com), stating why you think you are suited to the position and how you meet the eligibility criteria and what areas you may be able to take a delegated responsibility in.

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## EAST CAMBS DISTRICT COUNCIL

As we write this, it seems that Covid-19 will have a significant impact. We know that the elections for the Police and Crime Commissioner have been delayed by a year to May 2021 and no doubt there are other changes to come. Please make sure you care for yourselves and your families and neighbours. It may be that we are unable to hold meetings over the next few weeks. We are always happy to be contacted by phone or email - [john.trapp@eastcambs.gov.uk](mailto:john.trapp@eastcambs.gov.uk) 01223 812120 - [charlotte.cane@eastcambs.gov](mailto:charlotte.cane@eastcambs.gov) 07976 607512.

Last month we told you about our opposition to the Council's decision to stop funding the Citizens' Advice Rural Cambridgeshire (CARC). We supported a motion to Full Council asking for this decision to be put on hold for 6 months to allow for proper discussion. The CARC told us that without the Council's funding they would have to close, leaving people in and around Ely without this vital independent advice. Unfortunately, the administration refused to reconsider and so the Council will stop funding the CAB in Ely. They continue to fund the CAB in Newmarket and the Council's housing team can provide advice on housing and related matters.

You will have received your Council Tax bills and have noticed that East Cambs' share has been frozen for a further year. On the face of it, this is good news - none of us like paying tax. But the books are being balanced for now by drawing millions of pounds out of reserves. The forward budgets show that by 2022/23 there will be a shortfall of £3.3m. John and Charlotte have been pressing the administration to explain their plans for balancing the budget and were encouraged to see that the auditor shared our concerns. He recommended "We suggest that the Council could be more transparent in its planning around the areas it has identified to help bridge funding gaps and we recommend that the Council considers updating its Medium Term Financial Strategy and its underlying assumptions more frequently than the current annual cycle." With the auditor's support, we now have a commitment from the administration to discuss the plans for balancing the budget at the Finance and Assets Committee in September.

Our next Councillors' Surgery is on Wednesday 22 April at 6.30 in the Memorial Hall, Brinkley, followed by meet your councillors at the Red Lion in Brinkley. Our following surgery will be on Tuesday 19 May at 6.00pm, in the Pavilion at Swaffham Bulbeck, with no meet your councillors after the surgery because we will be attending the Annual Parish Meeting in Bottisham that same evening. It is, of course, possible that Covid-19 will mean that some of these meetings will be cancelled at short notice, but we remain available by e-mail or phone.

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## WOODDITTON WARD - BURROUGH GREEN DISTRICT COUNCILLORS REPORT

These are challenging times for everyone.

We are here to support residents in this time of need, so please contact us with any concerns.

Both East Cambridgeshire District Council and Newmarket Citizens Advice have closed offices to the public, but are available by phone or e-mail (Contact Details below)

If you have any concerns or issues that need resolution, please contact us using the details below.

The District Council has taken the decision to cancel all meetings until the end of May, with staff having delegated powers. Where a decision needs to be taken by elected members, then procedures will be put in place to deal with that. As an example of how this could happen, Alan sits on the Overview & Scrutiny Committee of the Combined Authority and providing the emergency legislation is passed by Parliament, the Committee will hold a virtual meeting on Monday 30<sup>th</sup> March in order to make the necessary decisions.

Residents will all have received the Bus, Walking and Cycling Review survey. Please take the time to complete all or any that interest you. It would be good to hear your views on all three, but if you only have views on one or two, then you need only complete the relevant section. The survey can be completed online or by completing the paper copy and dropping into the collection box in The Bull. Alan is chairing the Bus Review working group, so if you have any comments or questions, please contact him.

On 20<sup>th</sup> February, Full Council froze the East Cambs part of the Council Tax for the seventh year running, with no reduction of services.

The meeting also made the decision to stop the grant to the Rural Cambridgeshire branch of Citizens Advice and provide the service in-house. Whilst admiring the work that Citizens Advice does, they will be the first to admit that they had failed to perform all of the Council's requirements under our contract with them. East Cambs will be employing 4 extra staff within the Customer Services team.

The decision does not affect the Newmarket office, which East Cambs continue to support with a grant, and residents from our area use. Amy is the East Cambs rep on the Newmarket Citizens Advice, with Alan as a deputy rep, so please contact us if you have any issues.

Citizens Advice - Adviceline: 0300 330 1151 (Monday to Friday 9.30am to 3.30pm)

Universal Credit Help to Claim: 0800 144 8 444 (Freephone - Monday to Friday 8am to 6pm)

[www.suffolkwestcab.org.uk](http://www.suffolkwestcab.org.uk)

ECDC - Customer Services 01353 665555

[amy.starkey@eastcambs.gov.uk](mailto:amy.starkey@eastcambs.gov.uk) - 07901716233

[alan.sharp@eastcambs.gov.uk](mailto:alan.sharp@eastcambs.gov.uk) - 01638 507485/

07794292941

**MARSH MAIL**

March has been an eventful month. The spread of the Coronavirus has been, and continues to be, one of those 'once in a generation' events that the UK government has had to assess, mitigate against and put in place contingency plans in double quick time. Similarly for the College, balancing the rhythms of the academic year (including the approaching exam season) and the reality of student, parent and staff absences as the outbreak has developed, has been a careful balancing act.

Despite the disruption of the Coronavirus, the College still managed to stage the annual school performance in March. This year, the students put on 'The Caucasian Chalk Circle'. The Arts, and the school production in particular, takes students on a journey that grows them in quite extraordinary ways; the countless rehearsals, learning of lines and final performances develop extraordinary resilience and grit in the participants. I attended the Saturday performance and it still amazes me how students who might be usually quiet and modest in lessons blossom into confident and accomplished actors on stage. Brecht demands a lot of his cast and it was wonderful to see the students rise to the challenge, guided and led by the Drama Department.

By the time you are reading this over 100 English GCSE students may or may not have travelled, depending on the emerging Coronavirus situation, to Cambridge to watch 'An Inspector Calls' by JB Priestley. It is a play that sometimes provokes fierce discussion around social hypocrisy and the boundaries of justice and responsibility. I recently read a critique of the play in a 'right of centre' magazine that was scathing of the plot and Priestley's socialist motives. At the same time the article was keen to explain how Priestley's skilful writing was able to draw in, and dupe, the audience into sharing his world view. In other words, according to the article, Priestley's ideas are preposterous but he is a dangerously clever advocate of them and we have to be beware.

The magazine article is a clear example of how the issues Priestley raises are as divisive in 2020 as they were in 1945 when the play was first performed. The teaching profession carries a great responsibility in educating students to be independent, critical thinkers who make up their own minds around some of the big questions in politics and society. 'An Inspector Calls' is rich material for debate and I know the students enjoy discussing these big questions in lessons which undoubtedly inform their beliefs and thinking.

Experiences such as 'The Caucasian Chalk Circle' and 'An Inspector Calls' are essential parts of a rich curriculum that grows passionate lifelong learners in the spirit of the Village College ethos. They also provide students, and especially Year 11 students at

this time of year, with the grit to keep working for the upcoming GCSEs when the end isn't quite in sight. If you have a moment over Easter, I hope you can spare a thought for the Year 11s who will spend most of their break revising hard for the approaching exams. In the meantime, I hope you all have a restful Easter.

Doug Brechin  
Assistant Principal

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**GIRLGUIDING LINTON DISTRICT**

It has been a fabulous start to the New Year. We have 2 new leaders come forward to join us who will help at Linton Brownies. One of our young leaders has created a Facebook, Twitter and Instagram for us. You can see what we have been up to by looking at Linton District@ The Guides had an amazing end to the year and went on an Anglia Region camp "Supanova", with 600 other Guides from Anglia Region and also a trip to the panto. They also ran their annual jumble sale in March enabling people to hunt a bargain or two and enjoy a cake and a cup of tea.

Our Brownies had Christmas parties and Christmas fayres running stalls and handling the money as well as eating cake. Our Guides ran their annual jumble sale. They have also travelled the globe in one evening visiting Japan, America, Russia and Ireland and made penguins out of icing and decorated beautiful stones.

Our Rainbows made bee houses and bird boxes to give to the station adopter at Dullingham Station who is going to put them up there and other stations in the area.

All our girls from Rainbows to Rangers attended a county STEM day in February as our district thinking day activity and learnt so our county are going to do the same again next year.

The coronavirus has postponed arrangements including sleeping under the planes at Duxford for a night but one of our leaders is posting activities online for all our girls to entertain them and give them Guiding without meeting. We have also had our annual awards to celebrate everyone's achievements in Guiding. If you would like to find out more or get involved in any way contact Louisa at [lintondistrict@gmail.com](mailto:lintondistrict@gmail.com)

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**ST. MARY'S CHURCH BRINKLEY**

Annual Parochial Church Meeting.  
Tuesday 14<sup>th</sup> April 7.30pm in the church.

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## CORONAVIRUS (COVID-19)

COVID-19 is a new illness that can affect your lungs and airways. It's caused by a virus called coronavirus.

### Stay at home if you have coronavirus symptoms

Stay at home if you have either:

- a high temperature - you feel hot to touch on your chest or back
- a new, continuous cough - this means you've started coughing repeatedly

Do not go to a GP surgery, pharmacy or hospital.

You do not need to contact 111 to tell them you're staying at home.

Testing for coronavirus is not needed if you're staying at home.

#### How long to stay at home

- if you have symptoms, stay at home for 7 days
- if you live with other people, they should stay at home for 14 days from the day the first person got symptoms

If you live with someone who is 70 or over, has a long-term condition, is pregnant or has a weakened immune system, try to find somewhere else for them to stay for 14 days.

If you have to stay at home together, try to keep away from each other as much as possible.

#### Use the NHS 111 online coronavirus service if:

- you feel you cannot cope with your symptoms at home
- your condition gets worse
- your symptoms do not get better after 7 days

<https://111.nhs.uk/covid-19/>

Only call 111 if you cannot get help online.

## How to avoid catching and spreading coronavirus (social distancing)

Everyone should do what they can to stop coronavirus spreading.

It is particularly important for people who:

- are 70 or over
- have a long-term condition
- are pregnant
- have a weakened immune system

### Do

- ✓ wash your hands with soap and water often - do this for at least 20 seconds
- ✓ always wash your hands when you get home or into work
- ✓ use hand sanitiser gel if soap and water are not available
- ✓ cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- ✓ put used tissues in the bin immediately and wash your hands afterwards
- ✓ avoid close contact with people who have symptoms of coronavirus
- ✓ only travel on public transport if you need to
- ✓ work from home, if you can
- ✓ avoid social activities, such as going to pubs, restaurants, theatres and cinemas
- ✓ avoid events with large groups of people
- ✓ use phone, online services, or apps to contact your GP surgery or other NHS services

### Don't

- ✗ do not touch your eyes, nose or mouth if your hands are not clean
- ✗ do not have visitors to your home, including friends and family

Dear Friends,

**It is with a sore heart I pass on that all Church Services and gatherings (including Morning Prayer, Lent Course and Bible Study) are suspended until further notice.**

I know how hard this will be for many of us and how scary and fragile things seem. They are indeed wilderness times. But be assured God is with us and loves us eternally. The words of the hymn 'Before the Throne of God' keep coming to my mind:

*'Before the throne of God above  
I have a strong and perfect plea  
A great High Priest whose name is love  
Who ever lives and pleads for me  
My name is graven on His hands  
My name is written on His heart...'*

Our names and those of our loved ones are written on God's heart, no one is forgotten or forsaken. All looked lost on Good Friday but Easter morning came, and so to it will come again to our land and our world.

Our churches as far as is possible will remain open for private prayer. I will pray in each church throughout each week for our communities, our nation and our world, especially for the sick, frontline health and care workers and all leaders. I know you will join me in your hearts in praying for these things too.

Many people in our communities are already pulling together to support each other and especially the most vulnerable which is wonderful to see. Thank-you. Please no one be afraid to ask for help or support and do let me know if you would like a chat, a check-in call, or would value prayer, all of which can be done remotely.

If you would like a Morning and Night Prayer Service sheet, please contact me. You might also like to read through one of the Gospels as we approach Easter. You can follow Church of England Daily Prayer (with readings and psalms updated daily) by following the link:

<https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer>

You can also find Songs of Praise on BBC iPlayer:  
<https://www.bbc.co.uk/programmes/b006ttc5/episodes/player>

God bless, hold and protect you,

Yours in Christ,

Nikki

**Confirmation/Christian Enquirers Course:** If you would like to explore more about the Christian faith and God's calling on your life, which can also lead to Confirmation if desired, contact Revd Nikki for further details.

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**RADDESLEY BENEFICE WEBSITE**

On the website you can find out more about our churches, services, what's on and useful information about baptisms, funerals and weddings; [www.raddesley.com](http://www.raddesley.com)

If you wish to book a baptism, wedding etc., please contact Nikki. Her usual working days will be Monday, Tuesday, Thursday and Sunday of course, or one of the Churchwardens ; details as below.

**Rev'd Nikki Mann** 01638 507980 / 07738 266057  
The Vicarage, 23 Stetchworth Road, Dullingham. CB8 9UJ

**Burrough Green:** Lucy Talbot Tel: 01638 507060, email: [peterandlucyt@btinternet.com](mailto:peterandlucyt@btinternet.com)

**Westley Waterless:** Ms. Deborah O'Riordan, Tel: 01638 507741, email [d.a.oriordan@btinternet.com](mailto:d.a.oriordan@btinternet.com) and Mrs Liz Gibson, Tel: 01638 508600, [lizgibson@me.com](mailto:lizgibson@me.com)

**Brinkley:** John Robertson Tel. 01638 507484

**Carlton:** Stephen Roberts 01223 290372 or [Stephen.roberts28@btopenworld.com](mailto:Stephen.roberts28@btopenworld.com).

**Rural Dean:** Rev'd Sue Giles 01223 812726  
e.mail : [suethovic@btinternet.com](mailto:suethovic@btinternet.com)

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**23<sup>rd</sup> APRIL 2003**  
**In loving memory of George Jaggard**  
**A dear brother-in-law**  
  
**Still sadly missed**  
**Love Bet**

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**ARTICLES FOR MAY VILLAGE VOICE**  
To  
[villagevoicenewsletter@btinternet.com](mailto:villagevoicenewsletter@btinternet.com)

**01638 507495**  
by 21<sup>st</sup> April 2020 please